

C.L.A.S.S. (COYOTES LIVING AWESOME SOCIAL SKILLS)

#1 Following Instructions

1. Look at the person.
2. Listen to the person with your eyes and ears.
3. Say "Okay".
4. Do what you've been asked right away.
5. Check back.

#2 Getting the Teacher Attention

1. Look at the teacher.
2. Raise your hand and stay calm.
3. Wait until the teacher acknowledges you.
4. Ask your question

#3 Assembly Behavior

1. Remain Silent throughout the event
2. Walk in single file
3. Keep your hands at your side
4. Look at the presenter
5. Follow all instructions

#4 Accepting Criticism or a Consequence

1. Look at the person.
2. Listen to the person with your eyes and ears.
3. Say "Okay".
4. Don't argue

#5 Accepting "No" for an Answer

1. Look at the person.
2. Listen to the person with your eyes and ears.
3. Say "Okay".
4. Stay Calm
5. If you disagree, ask later.

#6 Managing Anger and Frustration

1. Look at the person
2. Use a calm voice
3. Say, "Excuse me, may I have permission to cool down?"
4. Make positive affirmations to yourself such as, "I can work this out if I stay calm"
5. Take a deep breath and cool yourself down.

#7 Disagreeing Appropriately

1. Look at the person.
2. Listen to the person with your eyes and ears
3. Say "Okay"
4. Use a pleasant voice
5. Say 'I understand how you feel.'
6. Tell why you feel differently.
7. Give a reason

#8 Resisting Peer Pressure

1. Look at the person
2. Use a calm voice
3. Say clearly that you do not want to participate
4. Suggest something else to do
5. If necessary, continue to say "No"
6. Leave the situation

