

TEXAS MEAL PATTERN REGULATIONS

BREAKFAST

(Not all breakfast items served every day at every school)

CHOOSE ANY 2:

Toast	2 Pancakes
Cereal	Toaster Pastry
Oatmeal	Sausage Patty
*Cinnamon Roll	Turkey Ham Slice
*Muffin	Chicken Patty
*Biscuit	Yogurt
Cereal Bar	Cheese Stick
French Tst Sticks	Scrambled Eggs

OR

CHOOSE ONE (1):

(counts as 2)

Breakfast Pizza
Breakfast Taco
Cheese (Ham) Toast
Breakfast Sandwich
Peanut Butter/Jelly Sandwich

(Note: * items must be part of the meal deal and CANNOT be sold separately)



ONE FRUIT

AND

- OR -

JUICE



ONE CARTON MILK

ELEMENTARY: Breakfast in a box is a complete meal and may include a choice of milk if the student wants it.

FOR A REIMBURSABLE MEAL(MEAL DEAL),
YOU MUST FOLLOW THE ABOVE PATTERN.
YOU MAY REFUSE ONE ITEM ONLY.

ANY ADDITIONAL ITEMS WILL NEED TO BE PAID FOR.