

Shining Star Pep Squad Syllabus: 2006-2007

4th, 5th and 7th Period: Mrs. Gardner-Shore/Mrs. Heye/Ms. Garcia

Office line: Heye/Garcia 397-7201 Gardner-Shore 397-7202

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This syllabus needs to be kept in the front of your Pep Squad Notebook. You need to cut off bottom portion and return by September 1st.

Class Rules: We will always follow all of the Ramblerette rules during class and at practice. As well as the below listed items.

Respect your Directors
Respect your Officers
Respect your Teammates
Respect the Studio
Respect the Locker Room

NO GUM, CANDY or FOOD in studio Dress out every class meeting Hair always out of face NO JEWELRY

Grading: You will be graded on 4 categories throughout each six weeks according to the scale below:

Dress Out 25% (Being dressed out in class daily grade)

Written Assignments/ Written Test 25% (Friday Notebooks, Homework, Posters, Door Decorating, etc..)

Skills Test 25% (Cheer Test, Dance Test, Skills Test)

Participation 25% (Effectively being active in class and helping out when asked, daily grade)

Attendance: Attendance in class is vital since we will be practicing for upcoming events. **YOUR ABSENCE WILL AFFECT THE ENTIRE TEAM, SO MAKE AN EFFORT TO BE IN CLASS AT ALL TIMES.**

Prior to the class period: You must call and leave a message on the office phone stating that you will be absent and your reason. The office numbers are 397-7201/397-7202. **You will receive 1 Demerit for not calling in prior to class.**

If you are absent from school on the day of an after school practice or performance, you will be removed from that performance.

Tardies: You all know that respect for each other is a big priority in the Ramblerette program. You have 5 minutes after the tardy bell rings to be in the studio, dressed and in your box with your officer. Failure to show up to class on time demonstrates a lack of regard for your teammates, the class and for your directors. Be on time!

During Class Tardies without a pass
1sec.- 3 minutes late: 100 kicks
3 minutes-5 minutes late: 150 kicks
5 minutes-10 minutes late: 200 kicks
10 minutes or more: 300 kicks

Before/After School Practice Tardies without a pass:
1 sec. – 3 minutes late: 100 Kicks
3 minutes- 5 minutes late: 150 Kicks, 1 Demerits
5 minutes – 10 minutes: 200 Kicks, 2 Demerits
10 minutes or more: 300 Kicks, Demerits
15 minutes or more: Absent

Dressing Out: You will have 5 minutes after the tardy bell rings to be in the studio, dressed, in your squad with your hair up, no jewelry and completely dressed out. We will go by the clock in the studio.

Dress Code: You are a team and should look like one. The following outfits will be worn during the class period:

Team:
Black Leotard
Black Pants
Black Sports B or one that will NOT show
Socks
Bloch's
Wrap optional

Officers:
Monday: Pink Top
Tuesday: Black and Teal Top
Wednesday: Gold Safari Top
Thursday: Pink and Brown Top
Friday: Multi Top

All hair must always be pulled out of your face. Failure to be in dress code with the above assigned outfits will result in points taken away from your dress out grade and 100 kicks. If you are missing 1 item you will receive a 50. If you are missing 2 items you will receive a zero.

If your items are stolen or lost, you have 2 weeks from the day of the report to replace the missing items.

Dress Code for Pep Rallies and Games:

Pep Rallies and Spirit Days:

Rams Top
Matching Skirt
Maroon BLOOMERS
White ankle socks
White Ked-like shoes
Hair in high ponytail curled with White Bow
POMS
Jacket optional
White Long-sleeved Turtleneck for Cold Weather

Games:

Sequin Top
Black Pants pulled up to your belly button
Black Leo optional- No skin showing
Black socks
Black Bloch's
Hair in high ponytail curled with White Bow
Bag, Poms, Clear Rain Jacket, Team Jacket
Required for every game

Class Notebook: You must bring your notebook with you everyday to class. I will have handouts and other items to give you throughout the year. If you do not have your notebook in the studio when class begins you will lose -10 points off your participation grade and will do 100 kicks.

What you need in your Notebook:

Pens and Pencil
Hole puncher
Paper

Dividers: Handouts given, Graded work, Friday Notebook, Phone Numbers and Other

Friday Notebook: This is the informational notebook that will be given every week. This information needs to be reviewed by the student and parent. Then signed and returned every Monday for a grade. If the student is absent on Monday it is their responsibility to turn the notebook in the day they return or it will be a zero. Forgery will not be accepted and demerits will be given and/or the removal process will begin.

Cut below section out and return by Sept. 4th.

I have read and understand the requirements of the Shining Star Pep Squad Syllabus for the 2006-2007 school year. I agree to follow these rules and all constitution rules of the Ramblerette Program.

Student Printed Name

Student Signature

I have read the 2006-2007 Shining Star Class Syllabus and will work with my child to ensure she follows these rules at all times.

Parent Printed Name

Parent Signature