

NORTHSIDE INDEPENDENT SCHOOL DISTRICT
HEALTH SERVICES DEPARTMENT
SPINAL SCREENING

Dear Parent/Guardian,

The State Health Department is mandating that there be a three year interval between the two mandated screenings for Spinal screening (curvature of the spine). In order to screen students in their growth cycle years the best years to do this screening is fifth grade and eight grade.

Northside has had a successful spinal screening program for over 25 years. Early intervention prevents many health problems later in life for all students who may have a degree of curvature.

This is a visual screening of the entire back, shoulders and hips. We ask your child (female) to wear a bathing suit if possible on the day of screening. All screenings will be done in a private area.

If you do not wish to have your child receive this screening, please notify your child's school nurse in writing.

If you have any questions feel free to call your school nurse.