



### Shadow Dancing

Arrange a bright light to shine on you so that it casts your shadow on a wall. Show the children what a clever shadow you have and how it does everything you do. Show them how you can make your shadow wave, dance, twirl and even fall down. Then let the children take turns performing with their own shadows while everyone sings the song on this page.

### Shadow Song

Sung to: "Skip to My Lou"

Dance, dance, just like me,  
Dance, dance, just like me,  
Dance, dance, just like me,  
Little shadow, just like me.

Additional verses: "Raise your hand, just like me; Kick your foot, just like me; Bend way down, just like me; Flap your arms, just like me."

Jean Warren

### Children's Books:

- *Bear Shadow*, Frank Asch, (Prentice Hall, 1985).
- *Shadows*, Taro Gomi, (Heian, 1981).

### Contributors:

Mildred Hoffman, Tacoma, WA