



THE ARC OF SAN ANTONIO

Recreation Program
is sponsoring

FREE MONTHLY MUSIC THERAPY CLASSES

Music therapy can help children and adults with developmental disabilities improve communication, social, sensory and cognitive skills. Each 3-class session will be taught by Stefanie Andersen, MT-BC of A-Z Music Therapy.

Participation in these sessions is limited to children and adults with disabilities only.

Children Ages 5 to 15
(Parents must attend with their child):

<u>West Avenue</u>	OR	<u>The Pam Stephens Center</u>
6:30pm-7:30pm		6:30pm-7:30pm
First Wednesday of the Month		Second Wednesday of the Month
Oct. 7 th , Nov. 4 th , Dec. 2 nd .		Oct. 14 th , Nov. 11 th , Dec. 9 th .

Adult 16 and older:

<u>West Avenue</u>	OR	<u>The Pam Stephens Center</u>
6:30pm-7:30pm		6:30pm-7:30pm
Third Wednesday of the Month		Fourth Wednesday of the Month
Oct. 21 st , Dec. 2 nd		Oct. 28, Nov. 18 th , Dec. 9 th .
<i>*November activity combined at the Pam Stephens Center.</i>		

PLEASE NOTE:

Space is Limited. You must R.S.V.P. to Pamela Resendez at (210) 682-4200 ext.200 or e-mail at presendez@arc-sa.org. If you are leaving a message please leave your phone number.

Locations:

West Avenue
13430 West Avenue SAT 78216

Pam Stephens Center
6530 Wurzbach SAT 78240

