

Information by Sport

<p><u>Tennis</u> Practice times: After school (some mornings) Season Dates: Team Tennis Aug–Nov. Individual Jan-May Try outs: 1st week in Aug. (Before school starts) Match/Tournament Days: Vary Camp/Clinic Dates:TBA Coach: Vincent Brisino (vincent.brisino@nisd.net)</p>	<p><u>Softball</u> Practice Times: 8th block-5:30 Start Date: End of Jan. End Date: Late April Try outs: Late Jan. # of players on Team: 15-18 on JV Game Days: Tues. and Fri. with possibly 3 Sat. Tourn. Camp Dates: TBA (obtain flyers from MS Coach) Coach: Renae Littrell (renae.littrell@nisd.net)</p>
<p><u>Volleyball</u> Practice times: 8th block-5:30 Start Date: Aug. 6thth End Date: Oct. 29 Try outs: Aug. 4th & 5th # of players on Team: 12-15 Match Days: Tues. and Fri. with 2-3 Sat. Tourn. Camp Dates: July 29th-31st Obtain flyer from middle school coach Coach: Sue Rogers (sue.rogers@nisd.net)</p>	<p><u>Track</u> Practice Times: 8th period - 5:30 Some morning practices. Start Dates: Early January End Date: Middle of April Try outs: None Meet Days: Thurs, Fri. or Sat. Coach: Brandi Bode (brandi.bode@nisd.net)</p>
<p><u>Cross Country:</u> Practice Times: 7am Start Date: August End Date: Late Oct, Try outs: None Meet Dates: Saturdays Coach: Jim Young (james.young@nisd.net)</p>	<p><u>Golf</u> Practice Times: 8th Period—5:00 Date of Season: All year long Tournaments: 3-4 each semester Equipment needed: must have own clubs Coach: Kathleen Sugura (kathleen.sugura@nisd.net)</p>
<p><u>Basketball</u> Practice Times: 8th block—5:30 Start Date:: Late Oct. End Date: Middle Feb Try outs:: During 8th block & October # of Players on Team: 12-15 Game Days: Wednesdays & Saturdays or Camp Dates: June 5th-7th Coaches: Wendy Mead (wendy.mead@nisd.net)</p>	<p><u>Swimming</u> Practice Times: JV Swimming :8th Period-5:00 /Var. (AM Practice) Diving: 8th Period-5:00 Meet days: Saturdays (some Fri./Sat.) Date of season: Water Polo Mar.-April Swimming Sept. - Feb. Try-outs: May (Contact Coach Estes) Coach: Aubrey Estes (aubrey.estes@nisd.net)</p>
<p><u>Soccer</u> Practice Times:: 8th block—5:30 Start Date: Early Dec. End Date: Mid March Try outs: Early Dec. # of Players on Team: up to 25 Game Days: Tues.. and Fri. Camp Dates: TBA Obtain flyers form MS Coach Coach: Josh Hall (jhall134@satx.rr.com)</p>	<p><i>Middle School Coaches will have camp flyers for each sport by the end of April. Please email the coaches of the sports you are interested in if you have further question.</i></p> <p><u>Note: Softball and Soccer require approval forms to get into the athletic period .</u> <u>If interested, be sure to obtain these forms from MS coaches or contact the high school coach.</u></p>