



August 29, 2025

Dear Parent or Guardian,

Your student is enrolled in a Healthy Habits course which includes instruction in human development. Texas Senate House Bill 1525 (2021) and Senate Bill 12 (2025) require written parent/guardian consent before a student is provided with human development instruction.

The Goodheart-Wilcox Texas Middle School Health Skills curriculum materials will be utilized to support human development instruction in the 6th Grade Healthy Habits course. Only Texas Essential Knowledge and Skills (TEKS) aligned content within the publication will be utilized. Human development instruction includes topics such as adolescence and puberty, intellectual development, sexual feelings, teenage pregnancy and Sexually Transmitted Infections (STI's), as well as decisions and responsibilities involved in becoming and being a parent. Educating students to develop healthy behaviors today can improve their overall health and contribute to patterns of wellness that will extend into adulthood. The district is confident the information presented to students on this topic is age and grade-level appropriate, however parents have the right to view the curriculum and remove their student from this instruction

David Halbert

Instructional Specialist
for Health and
Physical Education
Curriculum and
Instruction

Parents/guardians may preview the resources in the following ways:

1. The online textbook may be viewed at <https://www.g-w.com/essential-health-skills-ms-2023> or by contacting Goodheart-Wilcox publisher at (800)-323-0440.
2. Curriculum materials may be reviewed through coordination with the campus Academic Dean or by contacting David Halbert, Health and PE Instructional Specialist.

Please indicate below if you would prefer for your student to opt-in or opt-out of the human development instruction. If chose the opt-out option, or if we do not receive a response, your child will participate in an alternative instructional activity provided in a separate location on campus. Students will not be subject to disciplinary action, academic penalty, or other sanction regardless of your decision.

If you have any questions please visit our district webpage <https://www.nisd.net/district/health-pe/middle-health> or contact David Halbert, NISD Health and Physical Education Specialist at (210) 397-8144 or david.halbert@nisd.net.

Respectfully,

David Halbert

Health and Physical Education Department
Instructional Specialist

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Student's Name: _____ S# _____

____ I prefer that my student receive human development instruction

____ I prefer that my student does NOT receive human development instruction

Date: _____ Parent's Signature: _____

Return this signed parent permission slip to your Healthy Habits Teacher