



August 29, 2025

Dear Parent or Guardian,

Your student is enrolled in a Health Education/CTE courses which includes human development instruction. Texas House Bill 1525 (2021) and Senate Bill 12 (2025) require written parent/guardian consent before a student is provided with human development instruction.

The Goodheart-Wilcox Texas High School Health Skills curriculum materials will be utilized to support human reproduction/development instruction in the High School Health course. Only Texas Essential Knowledge and Skills (TEKS) aligned content within the publication will be utilized. Human development instruction includes topics such as human growth and development, the reproductive system, sexually transmitted diseases, contraception, as well as decisions and responsibilities involved in becoming and being a parent. Educating students to develop healthy behaviors today can improve their overall health and contribute to patterns of wellness that extend into adulthood. The district is confident the information presented to students on this topic is age and grade-level appropriate, however parents have the right to view the curriculum and/or remove their student from this instruction.

David Halbert

Instructional Specialist
for Health and
Physical Education
Curriculum and
Instruction

Parents/guardians may preview the resources in the following ways:

1. The online textbook may be viewed at <https://www.g-w.com/tx-health-skills-hs-2023> or by contacting Goodheart-Wilcox publisher at (800)-323-0440.
2. Curriculum materials may be reviewed through coordination with the campus Academic Dean or by contacting David Halbert, Health and PE Instructional Specialist.

Please indicate below if you would prefer for your student to opt-in or opt-out of the human development instruction. If you chose the opt-out option, or if we do not receive a response, your child will participate in an alternative instructional activity provided in a separate location on campus. Students will not be subject to disciplinary action, academic penalty or other sanction regardless of your decision.

If you have any questions please visit our district webpage <https://www.nisd.net/district/health-pe/high-health> or contact David Halbert, NISD Health and Physical Education Specialist at (210) 397-8144 or david.halbert@nisd.net.

Respectfully,

David Halbert

Health and Physical Education Department
Instructional Specialist

Student's Name: _____ S# _____

____ I prefer that my student receive human development instruction

____ I prefer that my student does NOT receive human development instruction

Date: _____ Parent's Signature: _____

Return this signed parent permission slip to your Health teacher.

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www.nisd.net