



August 29, 2025

Dear Parent or Guardian,

Your student is enrolled in a Health Education/CTE course which includes conflict, violence, and abuse instruction. Texas Senate Bill 9 (2021) and Senate Bill 12 (2025) require written parent/guardian consent before a student is provided with conflict, violence, and abuse instruction.

The Goodheart-Wilcox Texas High School Health Skills curriculum materials will be utilized to support conflict, violence, and abuse instruction in the High School Health Education course. Only Texas Essential Knowledge and Skills (TEKS) aligned content within the publication will be utilized. Conflict, violence, and abuse instruction includes topics such as the prevention of child abuse, family violence, dating violence, and sex trafficking. Educating students to develop healthy relationships and behaviors can improve their overall health and contribute to patterns of wellness that will extend into adulthood. The district is confident the information presented to students on this topic is age and grade-level appropriate, however parents have the right to view the curriculum and/or remove their student from this instruction.

**David Halbert**

Instructional Specialist  
for Health and  
Physical Education  
Curriculum and  
Instruction

Parents/guardians may preview the resources in the following ways:

1. The online textbook may be viewed at <https://www.g-w.com/tx-health-skills-hs-2023> or by contacting Goodheart-Wilcox publisher at (800)-323-0440.
2. Curriculum materials may be reviewed through coordination with the campus Academic Dean or by contacting David Halbert, Health and PE Instructional Specialist.

Please indicate below if you would prefer for your student to opt-in or opt-out of the conflict, violence, and abuse instruction. If chose the opt-out option, or if we do not receive a response, your child will participate in an alternative instructional activity provided in a separate location on campus. Students will not be subject to disciplinary action, academic penalty or other sanction regardless of your decision.

If you have any questions please visit our district webpage <https://www.nisd.net/district/health-pe/high-health> or contact David Halbert, NISD Health and Physical Education Specialist at (210) 397-8144 or [david.halbert@nisd.net](mailto:david.halbert@nisd.net).

Respectfully,

*David Halbert*  
Health and Physical Education Department  
Instructional Specialist

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[www.nisd.net](http://www.nisd.net)

Student's Name: \_\_\_\_\_ S# \_\_\_\_\_

\_\_\_\_ I prefer that my student receive conflict, violence, and abuse instruction

\_\_\_\_ I prefer that my student does NOT receive conflict, violence, and abuse instruction

Date: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

**Return this signed parent permission slip to your Healthy Habits Teacher**