



NISD School Health Advisory Council
April 25, 2025
6:00pm-7:00pm

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 5:56 pm on April 25, 2025 by John Carollo, NISD SHAC Parent Chair.

Present Members: Tegan Brown, John Carollo, Lillian Carollo, Lisa Delgado, Merry Garcia, David Halbert, Autumn Perez, Dr. Rita Garcia, Rob Phelps, Patricia Ramos, Dr. Kimberly Ridgley, William St. Charles, DeAnna Stansberry, Risa Trevino, Daniel Walker, Caitlin Bollier, Catalina Rocha, Aimee Metzger, Liz Brown

Speakers:

- John Carollo–NISD SHAC Parent Chair
- Caitlin Bollier–Facilitator of NISD SHAC and Whole Child Department Health Education Specialist

New Business:

- **Approval of February 20, 2025 Meeting Minutes**
 - The minutes were approved as read.
- **NISD SHAC Subcommittees**
 - The SHAC subcommittees (Local Wellness Policy, Physical Activity Fitness Planning, Cell Phone Use in the Classroom, School Behavior and Social Emotional Learning) members finalized goals, action steps, and progress monitoring for the subcommittees. The SHAC subcommittees will continue to recommend ways to improve the health and wellness of NISD.

Adjournment:

The NISD SHAC meeting was adjourned at 6:41 pm by Parent Chair, John Carollo.