



STINSON MAGNET SCHOOL

Exercise & Health Science Focused



ABOUT US

Program Details

- **Build Your Future in Healthcare** - Gain a strong foundation in exercise science, sports medicine, and health science while preparing for high school magnet pathways and future careers.
- **Hands-On Learning That Matters** - Experience labs, project-based learning, and real-world healthcare scenarios that bring classroom concepts to life.
- **Earn High School Credit Early** - Get a head start with courses that count toward graduation requirements, including Health and Speech.
- **Prepare for High-Demand, High-Wage Careers** - Explore career pathways like physical therapy, kinesiology, athletic training, and healthcare professions.
- **Develop Essential Skills for Life** - Strengthen leadership, communication, collaboration, problem-solving, and resilience - skills that support success in school and beyond.
- **Join NISD's Newest Magnet Program** - Be part of an innovative "school-within-a-school" model at Stinson Middle School, combining specialized courses with access to electives, extracurriculars, and athletics.

● **ALL NISD 5th graders are eligible to apply**

● **Zone transportation provided for qualifying students**

● **Acceptance by application only**

● **Limited spots available**



ENRICHMENT OPPORTUNITIES

Students will have the opportunity to participate in HOSA, the youth leadership organization for students interested in healthcare. Community engagement with industry professionals will happen each year.

Application Timeline

November 17, 2025	Application Open
December 1, 2025	Magnet Fair – Northside Sports Gym
December 8, 2025	Magnet Fair - Northside Activity Center
January 23, 2026	Applications Due
February 2, 2026	Acceptance Notification
February 9, 2026	Commitment deadline



Visit our website
www.nisd.net/stinson-magnet



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STINSON MAGNET: EXERCISE & HEALTH SCIENCE

Stinson Magnet Middle School offers a specialized program in Exercise Science and Sports Medicine that emphasizes hands-on learning and cross-content Project-Based Learning (PBL). Coursework is aligned with Exercise Science programs at NISD high school magnets and comprehensive campuses, ensuring a strong pathway from middle to high school.

The three-year program includes customized English Language Arts (ELA) and Science courses, along with Career and Technical Education (CTE) classes designed to immerse students in the field. Magnet students also have multiple opportunities to earn high school credit while still in middle school.

The program is housed on the Stinson Middle School campus using a school-within-a-school model. Magnet students take their ELA, Science, and CTE courses in dedicated classrooms and specialized spaces, including a physical therapy lab designed to foster collaboration and PBL experiences. The remainder of their schedule includes core courses with peers across the campus, as well as access to a wide range of electives and extracurricular activities, including athletics for 7th and 8th graders.



STINSON MAGNET SCHOOL REQUIRED COURSES

6TH GRADE

Students will enroll in one course in each of the following contents areas:

Advanced Math 6 / Math 6

Exploring Structures & Function - Sci 6

World Cultures 6

Power of Language & Form - ELA 6

Career Investigations 6

Fine Arts: Art, Dance, Band, Choir, Orchestra, Theater Arts

Advanced Spanish coursework is an option for qualifying Dual Language students; contact the Stinson Academic Dean or Head Counselor for further details.

PE & Healthy Habits

7TH GRADE ‡

Students will enroll in one course in each of the following contents areas:

Advanced Math 7 / Math 7

Exploring System Interactions - Sci 7

Texas History 7 / Advanced TX History 7

Dynamics of Language & Ideas - ELA 7

Leadership Investigations 7

Principles of Exercise and Wellness

Art, Dance, Band, Choir, Orchestra, Theater Arts, Spanish

PE or Athletics

8TH GRADE ‡

Students will enroll in one course in each of the following contents areas:

Advanced Math Algebra I / Math 8

Exploring Systems Integration - Sci 8

US History 8 / Advanced US History 8

Impact of Language & Purpose - ELA 8

Future Investigations 8 - *Addresses speech requirement for NISD graduation

Principles of Health Science** - **Addresses health requirement for NISD graduation

Art I or Studio Art, Art, Dance, Band, Choir, Orchestra, Theater Arts, Spanish

PE or Athletics

Students will select one elective course to fill the remainder of the school day.

- * Specialty course offered through the Stinson MS Magnet
- † Addresses the HS Speech requirement
- ^ This elective course is OPTIONAL for Stinson Magnet students and is not part of the required magnet programming.
- ‡ The Stinson Magnet School will only enroll 6th grade students for the 2025-2026 school year. Seventh and eighth grade course requirements are proposed and subject to change.

GT students attending our Middle School Magnets receive specialized GT services through magnet courses and curriculum designed to foster inquiry, critical thinking, creativity, and research skills. All courses are led by GT-trained teachers who provide differentiated instruction