NISD School Health Advisory Council
October 22, 2026
6:00pm-7:00pm

MEETING MINUTES

Opening:
The NISD School Health Advisory Council meeting was called to order at 6:02 pm on October 22, 2026 by Dr. Kimberly Ridgley, Facilitator of NISD SHAC.

Present Members: Dr. Kimberly Ridgley, Merry Garcia, David Halbert, Lisa Delgado, Patricia Ramos, Sabrina Ramos, Hope Martinez, Catalina Rocha, Charity Bowen-Miller, Samantha Fewell, Amber Woodworth, Daniel Walker, Rob Phelps, Abigail Moore, Ryan Mombaini, Tristan Awtry, Victoria Godkin, Monica Godkin

Speakers:
- Dr. Kimberly Ridgley-Facilitator of NISD SHAC and Assistant Superintendent for Whole Child Development
- David Halbert-Instructional Specialist for NISD Health and Physical Education Department

New Business:
- **Motion to Vote and Accept Parent Chair**
  - The motion was accepted and John Carollo was voted and approved as the NISD SHAC Parent Chair.
- **Introduction of SHAC Members**
  - The SHAC Members for the 2026-2027 school year introduced themselves and provided their roles on SHAC.
- **Approval of April 16, 2026 Meeting Minutes**
  - The minutes were approved as read.
- **SHAC General Information**
  - An overview of what SHAC is and what the responsibilities and requirements are for SHAC was presented. An overview of the SHAC subcommittees was also presented.
- **Health and Physical Education Updates for 6th Grade**
  - An overview of the new Health and P.E. initiatives for 6th grade were presented.
- **NISD SHAC Subcommittees**
  - The proposed SHAC subcommittees (Local Wellness Policy (required), Physical Activity Fitness Planning (required), Effects of Social Media//Use of AI/Internet Safety, Performance Health, and Education & Prevention of Substance Use) were discussed. SHAC members were able to select which ones they would like to be a part of. The SHAC committees will recommend ways to improve the health and wellness of NISD.

Adjournment:
The NISD SHAC meeting was adjourned at 6:58 pm by NISD SHAC Facilitator, Dr. Kimberly Ridgley.