



NISD School Health Advisory Council
October 23, 2025
6:00pm-7:00pm

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 6:04 pm on October 23, 2025 by Dr. Kimberly Ridgley, Facilitator of NISD SHAC.

Present Members: Dr. Kimberly Ridgley, John Carollo, Lillian Carollo, Merry Garcia, David Halbert, Autumn Perez, Rob Phelps, Patricia Ramos, DeAnna Stansberry, Daniel Walker, Aimee Metzger, Nicolette Ardiente

Speakers:

- John Carollo–NISD SHAC Parent Chair
- Dr. Kimberly Ridgley–Facilitator of NISD SHAC and Assistant Superintendent for Whole Child Development

New Business:

- **Motion to Vote and Accept New Parent Chair**
 - The motion was accepted and John Carollo was voted and approved as the new NISD SHAC Parent Chair.
- **Approval of April 24, 2025 Meeting Minutes**
 - The minutes were approved as read.
- **SHAC General Information**
 - An overview of what SHAC is and what the responsibilities and requirements are for SHAC was presented. An overview of the SHAC subcommittees was also presented.
- **NISD SHAC Subcommittees**
 - The proposed SHAC subcommittees (Local Wellness Policy, Physical Activity Fitness Planning, Effects of Social Media) were discussed. SHAC members were able to select which ones they would like to be a part of. The SHAC committees will recommend ways to improve the health and wellness of NISD.

Adjournment:

The NISD SHAC meeting was adjourned at 7:00 pm by Parent Chair, John Carollo.