



NISD School Health Advisory Council
February 26, 2026
6:00pm-7:00pm

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 5:58 pm on February 26, 2026 by John Carollo, NISD SHAC Parent Chair.

Present Members: John Carollo, Lillian Carollo, Merry Garcia, David Halbert, Autumn Perez, Rob Phelps, Patricia Ramos, DeAnna Stansberry, Daniel Walker, Aimee Metzger, Monica G

Speakers:

- John Carollo–NISD SHAC Parent Chair

New Business:

- **Approval of January 22, 2026 Meeting Minutes**
 - The minutes were approved as read.
- **NISD SHAC Subcommittees**
 - The SHAC subcommittees (Local Wellness Policy, Physical Activity Fitness Planning, Effects of Social Media) continued to work together to form goals and objectives, action steps, and progress monitoring for the subcommittees. The SHAC subcommittees will finalize their plans of action in the upcoming SHAC meeting so that those plans can be presented to the board.

Adjournment: The NISD SHAC meeting was adjourned at 6:45 pm by Parent Chair, John Carollo.