

**Northside Independent School District  
COVID-19 Information for Parents/Guardians February 2023**

**What are the symptoms of COVID-19?**

- Fever or chills
- Cough
- Shortness of breath/difficulty breathing
- Fatigue
- Muscle or body aches
- Diarrhea
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting

**How do I communicate with the school if my child has seasonal allergies, chronic migraines, gastrointestinal issues, asthma, etc.?**

1. If there is a medical history of these symptoms, please provide a doctor's note to the school nurse for documentation. Students will be assessed by the school nurse to determine if there is a change in the student's normal baseline.

**When can my student return to school after being diagnosed with, and/or testing positive for COVID-19?**

1. Students may return to school after 5 days of isolation (return on the 6th day) if symptoms are improving and they have been without fever (100.0 F or above) for 24 hours without using fever-reducing medication.
2. If the student has tested positive or has been diagnosed with COVID-19 but has not had any symptoms, they can return after 5 days have passed since the date of the positive test/diagnosis (return on the 6th day).

**What do I do if my student is at home or is sent home from school with a fever (100.0 degrees or greater) and/or any other symptoms of COVID-19?**

1. Contact your healthcare provider for guidance.
2. Students who have been without fever (100.0 F or above) for 24 hours without using fever-reducing medication and have improvement of other COVID symptoms, may return to school in fewer than 5 days with a written clearance from a healthcare provider or with a negative COVID-19 test performed by a healthcare provider/testing facility or a test performed at home. Parent to provide a copy of the lab test or written note confirming the negative home test. Masking is highly recommended through day 10.
3. Students who are not evaluated by a healthcare provider or tested for COVID-19 may return to school after 5 days of isolation (return on the 6th day), if symptoms are improving and they have been without fever (100.0 F or above) for 24 hours without using fever-reducing medication.