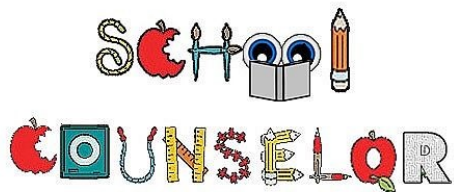


A child may see the counselor for:

- ♥ Self-expression
- ♥ Problem Solving
- ♥ Self-Confidence
- ♥ Anger Management
- ♥ Grief/Loss
- ♥ Friendship Issues
- ♥ Coping with Change (e.g. deployment, divorce, illness in the family)



A Northside Counselor...

- ♥ Is certified and specially trained in counseling and guidance at the postgraduate level.
- ♥ Has had successful classroom experience prior to becoming a counselor.
- ♥ Adheres to the ethical and legal guideline of the American Counseling Association and the American School Counselor Association.
- ♥ Advocates for students.
- ♥ Encourages students to recognize their unique abilities.
- ♥ Is sensitive to individual and cultural belief systems.
- ♥ Helps students establish and maintain healthy relationships with others.
- ♥ Helps children cope with emotional crises.
- ♥ Helps prevent problems before they occur.
- ♥ Helps students develop essential life skills.

Murnin Elementary School

Guidance and Counseling Program



Murnin Elementary
9019 Dugas
San Antonio, Texas 78251
Office: 397-4550
Fax: 257-4335

Mrs. Rebecca Quisenberry
MA, LPC-S, CSC
Pre-K, K, 2nd and 4th
Rebecca.Quisenberry@nisd.net

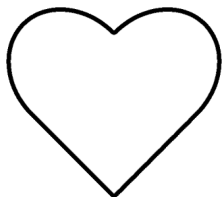
Mrs. Megan Chadick
MA, CSC
Pre-K, 1st, 3rd and 5th
Megan.chadick@nisd.net

A School Counselor's Job is to...

- ♥ Counsel individuals and small groups to help meet identified needs.
- ♥ Teach the guidance curriculum and assist teachers with guidance related curriculum.
- ♥ Consult with parents regarding any concerns about their children.
- ♥ Consult with teachers and administrators regarding students' needs.
- ♥ Teach parenting skills.
- ♥ Interpret test results to students, parents, and teachers.
- ♥ Coordinate with school and community personnel to bring together resources for students.

Your child may see the counselor by:

- Self-referral
- Teacher referral
- Parent referral
- Administrative referral

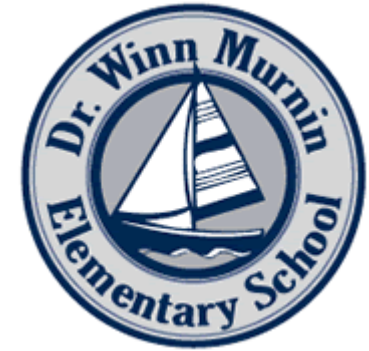


NIJD Guidance and Counseling Skill Goals

- ♥ **Intrapersonal Relationships**
 - Developing a positive self-concept
 - Changing a particular behavior
 - Developing ways to manage the demands of school, social activities, and family
 - Making positive decisions and taking responsibility for actions
- ♥ **Interpersonal Relationships**
 - Evaluating how prejudices can be harmful
 - Respecting and appreciating differences
 - Learning how to effectively communicate with others
 - Navigating relationships with friends, dating partners, family members, teachers, employers
- ♥ **Post-secondary Planning and Career Readiness**
 - Motivation to achieve in school
 - Understanding how grades can affect post-secondary choices
 - Selecting a career or college path
 - Setting post-graduation goals
- ♥ **Personal Health and Safety**
 - Identifying resilience and positive coping skills
 - Identifying assertiveness skills for personal protection
 - Learning how to set personal boundaries
 - Creating a personal wellness plan

*The guidance program is a developmental educational program designed to help students acquire these skills through planned educational experiences and activities.

Meet the Counselors



Hello Murnin Families!

We are so thrilled to be working with your children at Murnin Elementary this school year. Please contact us if you have any questions or need assistance. We are looking forward to another great year!

Mrs. Quisenberry 210-397-4575

Mrs. Chadick 210-397-4576