



Welcome to the NISD Athletics Online Forms 2024-2025

Select state: TEXAS Select district: Northside ISD Student ID #'s Only: 123456

1	<u>NISD Compliance Requirements (Online)</u> 1.Acknowledgement of Rules 2.Concussion 3.Parent/Student Steroid Agreement 4.Sudden Cardiac Arrest Awareness 5.UIL Safety Training 6.NISD Athletic Injury Protocol 7.NISD Behavior Expectations of Spectators 8.NISD Code of Conduct	Must be completed yearly. If your student is not attached to your correct high school or you are a transfer student please contact your high school athletic trainer.
2	<u>Medical History Upload Form</u> <u>(Print, Complete & Upload Form)</u>	Must be completed yearly. Please make sure you upload a clear, signed and completed form. To access a blank copy of the Physical/Medical History form, please click the Download and Print tab on the right-hand side of the page.
3	<u>Physical Upload Form</u> <u>(Print, Complete & Upload Form)</u>	Please make sure you upload a clear, signed and completed form. New physical needed for 9 th & 11 th grade or if new to district/sport. To access a blank copy of the Physical/Medical History form, please click the Download and Print tab on the right-hand side of the page.
4	<u>Asthma Action History Upload Form</u> <u>(Print, Complete & Upload Form)</u>	This only needs to be submitted if you have Asthma or need an Inhaler. Please do not submit blank copies.

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STEP 1. REQUIRED Online Participation Forms PLEASE READ INSTRUCTIONS

- ✦ Select “**Electronic Participation Forms**” tab to view the menu of 8 forms. Middle and High School athletes must complete these forms, every year.
- ✦ Accuracy is important - All information is used in case of emergency.
- ✦ Parent/Guardian AND Student signatures are required...form is not accepted without them.

Please have Student’s ID number (enter #'s only) – Do Not Use Athletes Nicknames on Forms

- ✦ Click on the form name and fill out the information requested. If you are unsure about the answer to a question, please answer N/A, unknown or none.
- ✦ To sign the document, click inside the signature box and hold your mouse button down, this will allow you to create an “Electronic Signature.” If you make a mistake and need to start over, click on the refresh icon next to the signature box.
- ✦ Once you have completed the forms, you will have the opportunity to print the document.
- ✦ You will receive a confirmation email once the documents have been completed.

STEP 2. REQUIRED Forms to be Printed - (Completed & Upload in Forms Page)

- ✦ Click on the **Download and Print button**.
- ✦ Print Medical History / Physical. The physical examination must be performed and signed on or after April 1, 2024 by a medical doctor to be valid for participation in practices or games. Physicals are valid for 2 years. ****ALL incoming 9th & 11th graders must submit new physical & medical history, or if a transfer student or new sport.****
- ✦ Print the **Asthma Form** and submit **ONLY IF APPLICABLE**. Must be renewed annually.
- ✦ Students are required to use the **Pre-Participation Physical Examination Form** provided by NISD/UII. **NO OTHER** Physical Examination Form can be accepted.
- ✦ When uploading forms into Rank One, capture the closest image while ensuring the entire document is captured, review image to verify it is clear and legible.

The **Pre-Participation Physical Examination Form** must be completed by a Physician and a clear image uploaded or returned to the Athletic Trainer or the Middle School head coach. **No one else can accept this form.**

