



NISD School Health Advisory Council

**April 27, 2023
6:00pm-7:00pm**

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 6:02 pm on April 27, 2023 by Richard Crabb, parent chair of SHAC.

Present Members: Richard Crabb, Caitlin Bollier, Patricia Ramos, DeAnna Stansberry, John Carollo, Dr. Kimberly Ridgely, Lisa Delgado, Rita Peterson, William St. Charles, Alie Cantu, Jamie Stavino, Risa Trevino, Rob Phelps and Merry Garcia

Speakers:

- Richard Crabb–NISD SHAC Parent Chair
- Caitlin Bollier–Facilitator of NISD SHAC and Whole Child Department Specialist
- Alie Cantu–CHEF Program Developer

New Business:

- **Approval of March 30, 2023 Meeting Minutes**
 - The minutes were approved as read.
- **CHEF (Culinary Health Education for Families) Presentation**
 - CHEF is a Culinary Health Education Program that teaches children and families basic nutrition and practical cooking skills, with the long-term goal of motivating individuals and communities to adopt and sustain healthier eating habits.
- **NISD SHAC Subcommittees**
 - The SHAC subcommittees members worked together to review and finalize goals and objectives for the subcommittees. The SHAC subcommittees finalized goals and objectives to be able to recommend ways to improve the health and wellness of NISD.

Adjournment:

The NISD SHAC meeting was adjourned at 7:01pm by Parent Chair, Richard Crabb.