

## 2021-2022 Elementary Construction Lunch Menu

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b><u>ENTRÉES</u></b>	Teriyaki Chicken w/ Rice & Roll	Cheeseburger	Macaroni & Cheese & Roll	LTO-Corn Dog Bites	Individual Pepperoni & Cheese Pizza
<b><u>SIDE ZONES</u></b>	½ c Cooked Carrots ¼ c Cucumbers ----- Mandarin Oranges	½ c Potato Wedges ¼ c Trimmings Salad ----- Frozen Blueberries	½ c Pinto Beans ¼ c Corn ----- Frozen Strawberries	½ c Swt Potato Chunks ¼ c Cucumber ----- Canned Applesauce	½ c Broccoli/Cheese ¼ c Potato Wedges ----- Juice
<b><u>MILK</u></b>	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla
<b><u>CONDIMENTS</u></b>	Ranch	Ketchup Mustard Mayo		Ketchup Mustard Ranch	Ketchup
<b>WEEK 1    8/23, 9/13, 10/4, 10/25, 11/15, 12/6</b>					

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<b><u>ENTRÉES</u></b>	Chicken Smackers w/ Roll	BBQ Chicken Flatbread Sandwich	Chili Cheese Bowl w/ Tortilla Rounds	LTO-Corn Dog Bites	Individual Pepperoni & Cheese Pizza
<b><u>SIDE ZONES</u></b>	½ c Baked Beans ¼ c Mashed Potatoes ----- Juice	½ c Corn ¼ c Cucumbers ----- Frozen Strawberries	½ c Cooked Carrots ¼ c Potato Wedges ----- Frozen Blueberries	½ c Swt Potato Chunks ¼ c Cucumber Circles ----- Canned Applesauce	½ c Broccoli/Cheese ¼ c Corn ----- Juice
<b><u>MILK</u></b>	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla
<b><u>CONDIMENTS</u></b>	Ketchup BBQ Sauce	Ranch	Ketchup	Ketchup Ranch Mustard	
<b>WEEK 2    8/30, 9/20, 10/11, 11/1, 11/22, 12/13</b>					

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Revised date: 8/16/21

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	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b><u>ENTRÉES</u></b>	Country Smackers Bowl w/ Biscuit	Pasta w/ Meat Sauce & Roll	Cheese Sticks	LTO-Flautas w/ cheese sauce	Individual Pepperoni & Cheese Pizza
<b><u>SIDE ZONES</u></b>	½ c Baked Beans ¼ c Cucumber Circles  ----- Juice	½ c Cooked Carrots ¼ c Corn  ----- Frozen Blueberries	½ c Swt Potato Chunks ¼ c Cucumber  ----- Frozen Strawberries	½ c Broccoli (no cheese) ¼ cup Wedges  ----- Canned Applesauce	½ c Mashed Potatoes ¼ c Corn  ----- Juice
<b><u>MILK</u></b>	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla	Skim Chocolate 1% Plain Lactose Free Soy-Vanilla
<b><u>CONDIMENTS</u></b>	Ranch Ketchup		Ketchup Spaghetti Sauce Ranch	Ketchup	
<b>WEEK 3    9/6, 9/27, 10/4, 10/18, 11/8, 11/29</b>					

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