

NISD Distance Learning Best Practices for Parents of Elementary Students



Establish and Follow Routines Every Day

- Help your child get up and get dressed at a reasonable time to start the day, follow bedtime routines, establish and/or continue rules for digital device use
- Identify a quiet space for learning
- Create a schedule in your home that includes breakfast, lunch, indoor or outdoor physical activity and of course, learning
- Allow appropriate social time with friends and family via phone, text, and video chat



Support School Work

- Provide support and encouragement to your child
- Expect your child to do their part in the learning
- Ensure assignments are completed and turned in
- Help your child contact the teacher if they need more support or have questions - know the teacher's availability



Begin and End Each Day by Checking In

In the morning you might ask,

- What assignments do you have today? How will you spend your time?
- What materials do you need? How can I help?

At the end of the day you might ask:

- How far did you get with your assignments today?
- What did you discover or learn? What could we do to make tomorrow better?

Know Where to Get Help

- Questions on *assignments, resources, Google Classroom*? Email your **Teacher**
- Questions about *student username, password, Google Classroom Support*? Email the **NISD HelpDesk** at helpdesk@nisd.net or call at **210-397-7700**
- Questions about how to *repair your district-issued device or about WiFi*? Call **NISD Technology Repair** at **210-397-0020**
- Questions about *Special Education instruction, resources, program or support*? Call the **Special Education Hotline** at **210-398-2522**
- Questions about *additional Counseling support*? Call **210-397-1257**
- Questions and information about *NISD Updates including COVID-19 responses*? Access the **NISD website** at www.nisd.net as well as NISD on Facebook, Twitter, Instagram, and YouTube