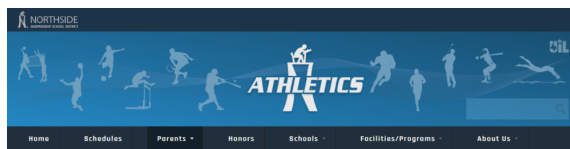


Welcome to the NISD Athletics Online Forms

<https://nisd.net/athletics>

Click Parents
Forms and Insurance

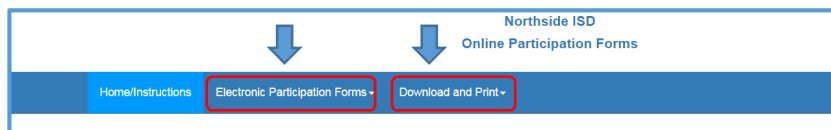


REQUIRED FORMS (5) TO BE COMPLETED ONLINE:

1. UIL Forms Signature Page
2. Athlete Insurance / Emergency information form
3. Athletic Injury Protocol
4. Behavior Expectations of Spectators
5. NISD Code of Conduct

REQUIRED FORMS TO BE PRINTED

1. Asthma (if applicable)
2. Medical History/Physical (required)



STEP 1. REQUIRED Online Participation Forms

- To access the required athletic participation forms, place your cursor over the **“Electronic Participation Forms”** tab to view the drop down menu of 5 forms.
- Middle and High School athletes must fill out each form.
- Accuracy is important - All information is used in case of emergency.
- Parent/Guardian AND Student signatures are required...form is not accepted without them.
Please have Student’s ID number – Do Not Use Athletes Nicknames on Forms
- Click on the form name and fill out the information requested. If you are unsure about the answer to a question, please answer N/A, unknown or none.
- To sign the document, click inside the signature box and hold your mouse button down, this will allow you to create an “Electronic Signature.” If you make a mistake and need to start over, click on the refresh icon next to the signature box.
- Once you have completed each form, you will have the opportunity to print the document.
- You will receive a confirmation email once the documents have been reviewed by the Northside ISD Athletic Trainers.

STEP 2. REQUIRED forms to be Printed - (these are not accepted online)

- Click on the **Download and Print** tab.
- Print the **Asthma Forms** if applicable
- Print **Physical & Medical History Form**.
- Athletes in 7th, 9th and 11th grade must have a physical examination, after **April 1, 2018**, by a medical doctor to participate in practices or games.
- All athletes are required to complete the **Northside Medical History Form** annually.
- Students are required to use the **Pre-participation Physical Examination Form** provided by the UIL. **NO OTHER** Physical Examination Form can be accepted.

The **Pre Participation Physical Exam** must be completed by a Physician and returned to either the Campus Athletic Trainer or the Middle School head coach. **No one else can accept this form.**

Revised March 2018

Online Rank 1 Forms YouTube Instructional Video: https://www.youtube.com/watch?v=rtIQ_r0yk90