



# NISD Distance Learning Best Practices for Parents of Secondary Students

	<p><b>Establish and Follow Routines Every Day</b></p> <ul style="list-style-type: none"> <li>● Ensure your student gets up at a reasonable time to start the day, goes to bed at a reasonable hour, and continues to use digital devices appropriately</li> <li>● Establish an appropriate space for learning</li> <li>● Create a schedule in your home that includes breakfast, lunch, indoor or outdoor physical activity and of course, learning</li> <li>● Allow appropriate social time with friends and family via phone, text, and video chat</li> </ul>
	<p><b>Support School Work</b></p> <ul style="list-style-type: none"> <li>● Provide support and encouragement to your student</li> <li>● Expect your student to do their part in the learning</li> <li>● Ensure assignments are completed and turned in</li> <li>● Ensure your student contacts teachers if they need more support or have questions</li> <li>● Check the Home Access Center (HAC) to monitor grades</li> </ul>
	<p><b>Begin and End Each Day by Checking In</b></p> <p>In the morning you might ask,</p> <ul style="list-style-type: none"> <li>● What assignments do you have today? How will you spend your time?</li> <li>● Are some classes more difficult than others? How can I help?</li> </ul> <p>At the end of the day you might ask:</p> <ul style="list-style-type: none"> <li>● How far did you get with your learning tasks today?</li> <li>● What did you discover or learn? What could you do to make tomorrow better?</li> </ul>
<p style="text-align: center;"><b>Know Where to Get Help</b></p> <ul style="list-style-type: none"> <li>● Questions on <i>assignments, resources, or Google Classroom</i>? Email your <b>Teacher</b></li> <li>● Questions about <i>student username, password, Google Classroom Support</i>? Email the <b>NISD HelpDesk</b> at <a href="mailto:helpdesk@nisd.net">helpdesk@nisd.net</a> or call at 210-397-7700</li> <li>● Questions about how to <i>repair your district-issued device or about WiFi</i>? Call <b>NISD Technology Repair</b> at 210-397-0020</li> <li>● Questions about <i>Special Education instruction, resources, program or support</i>? Call the <b>Special Education Hotline</b> at 210-398-2522</li> <li>● Questions about <i>additional Counseling support</i>? Use this link <a href="#">Counseling Support Link</a> to schedule a meeting</li> <li>● Questions about <i>NISD Updates including COVID-19 response</i>? Access the <b>NISD website</b> at <a href="http://www.nisd.net">www.nisd.net</a></li> </ul>	